



The dog training industry is unregulated and anyone can call themselves a dog trainer. It is a constantly changing field and it is essential that dog training professionals keep up to date with current thinking and research, through attending talks, seminars, conferences, reading books and watching webinars that are given by other professionals in the field that use modern, up to date training techniques. Professional organisations also insist on continuing professional development for members, I must complete a minimum 30 hours of CPD each year.

So here is my CPD to date:

Qualifications

BSc (Hons) Animal Behaviour and Welfare.

National Diploma Animal Management

Professional organisation memberships

Provisional Member APBC

Seminars, courses, conferences, webinars attended

2012

- Dog aggression – John Rogerson (1 day Seminar)
- Both ends of the lead – Canine Confidence Janet Finley (2 day Course)
- Observed Life Skills for Puppies Class – Lincoln University (1 hour)

2013

- APBC Annual Conference, 'thinking outside the dog' (1 day Conference)
- Doglaw :DogLaw Ltd (3 hour Seminar)
- Dog Aggression – Julie Bedford (1 day Seminar)
- Dog Behaviour and Training – John Rogerson (2 day Course)
- Life skills for puppies and pheromone therapy – Helen Zulch (3 hour Seminar)

2014

- Expanding Your Force-Free Dog Training Toolkit- Chirag Patel (1 day Course)
- Impulsivity and Self control workshop – Sian Ryan (1 day course)
- Learning about dogs, Outside the box seminar- Kay Lawrence (1 day Course)
- Teaching Animals to Communicate Through Pictures (PPG Webinar, 1 hour)
- Fire service detection dog talk (1 hour Seminar)
- Puppy School Conference – various speakers (1 day Conference)
- Teaching with head and heart – Chirag Patel (2 hours Seminar)
- Introduction to scent training practical workshop – Julie Bedford (3 hours Practical Course)
- The Blue Cross Pet Bereavement Support Service, help when losing a pet (1 hour Webinar)
- Canine aggression the causes and how to prevent it – Kendal Shepherd (1 day Seminar)
- Change unwanted cat behaviours, does punishment work (1 hour PPG Webinar)



- People and Animals event- Various speakers (1 day Conference)
- Dog safety: how to teach kids -Doggone Safe- Joan Orr (1 hour PPG Webinar)
- The pitfalls of negative reinforcement - Jean Donaldson (1 hour PPG Webinar)
- Inclusion of family dogs for success! Building dog-child bonds Family Paws - Jennifer Shryock (1 hour PPG Webinar)
- Preventing Behaviour Problems in Dogs - Valerie Jonckheer-Sheehy (1 hour PPG Webinar)
- The Truth about Dogs and
- Wolves, Dispelling the Myths of Dog Training - Tony Shelbourne (1 day Seminar)

2015

- APBC conference 2015- Safety First: Keeping people and dogs safe around each other - Various Speakers (1 day Conference)
- Professional Animal Trainers course - Chirag Patel, Tim Sullivan (4 day Practical Course)
- A PPG Case Study - The Most Challenging Behaviour Cases - Diane Garrod (1 hour PPG Webinar)
- Introduction to TAG Teach - Gillian Cross (1 day Course)
- Introduction to Animal Assisted Play Therapy™, Rise VanFleet (Online Course)
- Canine communication, Rise VanFleet (Online Course)
- All About How To Train A MAR Dog - Missing Animal Response (1 hour Webinar)
- Animal Assisted Play Therapy™: Theory, Research & Practice- Level 1 - Rise van Fleet, Tracie Faa-Thompson (4 day Practical Course)
- What is my dog saying? Canine communication 101. Power point presentation, Carol A. Byrnes CPDT-KA -Diamonds in the ruff (1 hour CDRom)
- K9 Project conference 'Dogs leading the way to emotional wellbeing' (1 day Conference)
- People and animals networking day and 2 day practical workshop (3 day Course)
- People and Animals conference - Exploring Animal Assisted Interventions within a counseling context (1 day Conference)
- Vet CPD APBC Medical Differentials for Common Behaviour Problems in Dogs and Cats (1 day Conference)
- Signals of pre emptive aggression, Sarah Whitehead (1 hour Webinar)

2016

- APBC conference 2016 - A Painful Reminder: The role of Pain in Problem Behaviours in Dogs (1 day Conference)
- Negative Punishment, Negative Reinforcement and the Humane Hierarchy - Jean Donaldson (1 hour Webinar)
- People & Animals conference 2016: Creative Animal-Assisted programmes for a brighter future (1 day Conference)
- Animal first aid course- Purton Vets (1 day Course)

2017

- Stop Coaching, Start Training - Veronica Boutelle (1 hour Webinar)
- Understanding the role of emotions in behavioural problems in pets - Sarah Heath (1.5 hour Webinar)
- Understanding, managing & modifying aggressive behaviour in dogs - Chirag Patel (1 day Course)
- Gwen Bailey's Puppy School Tutor Training (6 day course)
- Animal Assisted Play Therapy™:Theory, Research & Practice- Level 2 - Rise van Fleet, Tracie Faa-Thompson (4 day Practical Course)



- Recent advances in our understanding of separation anxiety in dogs – Prof D. Mills (BSAVA 1 hour Webinar)
- S.A.N.E Solutions for working with shy, fearful or anxious dogs – Kathy Cascade (1 hour PPG Webinar)
- Dog Aggression for Animal Professionals – Dr Amber Batson, Understand Animals (6 day Course)

2018

- Noise Related Anxiety in Dogs and How to Manage it – Jon Bowen MRCVs (APBC 1 hour webinar)
- Gun Dog Games – Jules Morgan (1 day course)
- Dogs with Separation Anxiety in Shelter and Rescue: Best Practices Confirmation – Casey McGee and Malena DeMartini (The Academy For Dog Trainers 1 hour webinar)
- An Update on the Concept of 'Resource Guarding' PACT (1 day course)
- Puppy School Conference, various speakers including Rob Hewings- scent work, Learning as play with Kay Lawrence, Flying dogs with Mike Simmons, Top of the class with Kay Attwood, Canine calmness with Michelle Underwood and Lauren Watts dog yoga and a talk about raw feeding from Mel at Natures:Menu (2 day course)
- Advanced Dog Aggression for Animal Professionals – Dr Amber Batson, Understand Animals (4 day Course)
- Introduction to Hoopers – Jocelyn Lander, Thula Animal Behaviour and Training (1/2 day course)
- Emotional Animals – Jessica Gonzalez (1 hour PPG Webinar)
- Puppy School Tutor Training Behaviour Course – (play biting, counter surfing, coprophagia, frustration, resource guarding, chewing and destruction) – Lauren Watts, Nicole Harris (3 day course)
- Impulsivity in the dog.-assessment and clinical applications – Daniel Mills (1 hour APBC webinar)
- Self Control and Loose Lead Walking – Sian Ryan (1 hour PPG webinar)
- Puppies and Fireworks, Prevention is Better Than Cure – Sarah Heath (1 hour webinar)
- Management of Firework Fears – Sarah Heath (1 hour webinar)
- The Connection Between Physical Health and Behaviour Problems in Dogs – Jon Bowen (1 hour webinar)
- Medical Conditions That May Influence Behaviour – Helen Zulch (1 hour APBC webinar)

2019

- Gun Dog Games – Jules Morgan (1/2 day course)
- Puppy School Tutor Training Behaviour Course – (adolescence, recall, neutering, loose lead walking, jumping up, enrichment, case studies)–Lauren Watts, Nicole Harris (3 day course)
- Training a Mental Health Assistance Dog (MHAD) – Kirsten Dillon PACT (1 day course)
- Dog Law – Trevor Cooper (1/2 day course)
- AAI Insight Day – Dogs for Good (1 day course)
- Action conference; Psychological Trauma in Dogs: Welfare Implications and Treatment Strategies– Various speakers –Dr Simon Gadbois (Dalhousie University), Dr David Sargan (University of Cambridge), Linda Goodman (CARIAD), Susan McKeon (Dogs Trust), Dr Franklin McMillan (Best Friends Animal Society), Dr Rowena Packer (Royal Veterinary College), Dr Karen L. Overall (University of Pennsylvania), Dr Lotte Davies (InsightPraxis), Amber Batson (IAABC)
- Julie M. Bedford (CCAB), Dr Leticia Fanucchi (Washington State University) (3 day conference)
- Introducing dogs and cats – Jenna Kiddie (1 hour APBC webinar)
- Behaviour modification for food bowl/location guarders (1 hour APBC webinar)
- Dog bites and bite inhibition – a new look at an old subject– Sarah Whitehead (1 hour APBC webinar)



2020

- Scent work solutions for behaviour changes- Morag Heirs (1 hour APBC webinar)
- ACE Case Study- Gemma Hodson (1 hour webinar)
- SHAPE in a Nutshell: Applying Exotic Animal Enrichment to Companion Animals - Mark Kingston Jones (1 hour APBC webinar)
- Puppy Socialization 911 in pandemic - Dr. E Lise Christensen, Lauren Novack (1 hour Behavior Vets webinar)
- Homebound Hounds in pandemic - Ferdie Yau, Dr. E Lise Christensen (1 hour Behavior Vets webinar)
- A Dose of Hope, part 1 & 2 - Dr. E Lise Christensen (2 hours Behavior Vets webinar)
- Sheltering Together - Bobbie Bhambree, Dr. E Lise Christensen (1 hour Behavior Vets webinar)
- Worry less wag more, help for reactive dog- Bobbie Bhambree, Dr. E Lise Christensen (1 hour Behavior Vets webinar)
- Targets everywhere! How to use targets to help people learn, part 1 & 2 - Eva Bertilsson, Theresa McKeon and Chirag Patel (TAG Teach International 2 hour webinar)
- Lemonade conference - IAABC FDSA various speakers (3 day online conference)
- Help my dog is scared of the vet - Toni Shelbourne (DTC 1 hour webinar)
- Tellington TTouch 'Calming the Aroused Dog'- Toni Shelbourne (1 hour DTC webinar)
- The Big F (Frustration) Word of Dog Training - Susan Garrett (1 hour DTC webinar)
- Level 2 Certificate in Awareness of Mental Health Problems (6 week Learning Curve Oqual Regulated Course online course)
- Psychopharmacology Part 1 & 2 - Caroline Warnes (APBC webinars)
- Dog First Aid (half day Dog First Aid Oxfordshire online course)
- Cognitive Bias and Fad Susceptibility - Jean Donaldson (1 hour APBC webinar)
- Social Pain in Dogs - Dr Frank McMillan (1 hour APBC webinar)
- Recall Crash Course - Kay Attwood (1.5 hour webinar)
- Geek Week - Pet Professional Guild various speakers on wide range of topics (5 days PPG online conference)
- Start Buttons for handling and procedures - Peggy Hogan (1 hour TAG Teach International webinar)

2021

- Dementia Family Dog Service: Insight for canine professionals (2 hour Dogs for Good and Alzheimers Scotland webinar)
- Fireworks: Psychoactive medications - Dr Julie Ashton (1 hour APBC webinar)
- Memory Matters - Amber Batson (2 hour DTC webinar)
- Understanding Aggression - Michael Shikashio (1 hour DTC webinar)
- Using behaviour science to help dogs in difficulties - Clive Wynnes (1 hour DTC webinar)
- 2021 International Animal Assisted Play Therapy Conference - Dr Rise VanFleet (IAAPT various speakers 1.5 day online conference)
- Canine Dementia - Dr Kathy Murphy (Canine Arthritis Management 1 hour webinar)
- Appropriate exercise from pup to pensioner - Emma Johnson & Luisa Greig (1 hour Speak Dog webinar)
- Observations In Dogs - Alex Wilson (1 hour DTC webinar)
- Phantom pregnancy the silent killer - Sara Davies (1.5 hour APBC webinar)
- Dog-Assisted Interventions: Recognising signs of stress in body language - Evangelos Diamantakos (SCAS 1 hour webinar)
- Pain and The Influence On Behaviour - Amber Batson (1.5 hour DTC webinar)
- Aggression in Dogs for Professionals - Amber Batson (2 days online course)
- Appropriate exercise for puppies - Cushla Lamén (1 hour Puppy School webinar)
- Keeping plates spinning (keeping engagement) - Claire Staines (1 hour Puppy School webinar)



- Free work for anxious and reactive dogs - Karen Boyce (1 hour Puppy School webinar)
- Hunting Substitute training - Simone Muller (1 hour Puppy School webinar)
- Reconcile - A New Treatment for Separation Disorders - Dr Lucy Chadwick (1 hour APBC webinar)
- Separation Related Disorders in Dogs e-learning series - Sarah Heath & Reconcile® from Forte Healthcare Ltd (3 hour webinar course)
- Sensory Integration in Dogs - Els Vidts (8 hours online course)

2022

- Puppy Power - Amber Batson (36 hour online course)
- Probiotics for behavioural health - Jessica Hekman (1 hour APBC webinar)
- Puppy Playtime in Classes? Should you do it? & How to set it up successfully - Chirag Patel (2 hour webinar)
- 'Neutering Dogs - the good, the bad and the ugly' - Sara Davies (1.5 hour webinar)
- Three-Part Series, Cases Exposed - Danielle Beck (9 hours online training)
- CTM Trauma in animals virtual conference 2021 - Danielle Beck, various speakers (7 hour online conference)
- CTM Trauma in animals virtual conference 2022 - Danielle Beck, various speakers (6 hour online conference)

2023

- HeartDog International Wellbeing Summit - Janet Finlay, Michelle Dart (30 hour online conference various speakers)
- Zoonotic Diseases (1 hour ADI webinar)
- Cutting the stress out of grooming - Daniella Stewart (3 hour in person workshop)
- Separation Spectrum course - Lauren Hewitt-Watts (1 hour online training)
- Scent communication in dogs - Sarah Whitehead (1 hour online webinar)
- Frustration & Self Regulation - helping your dog to Control their Meerkat - Danielle Beck (4 hour online webinar)
- Is it over yet?! Adolescent dogs webinar - Roz Pooley (3 hour online webinar)
- Woof-Meow Introducing and managing dogs and cats in a home - Daniel Cummings (1 hour Dog Aid webinar)
- Practical exercises to help dogs impacted by trauma - case studies - Danielle Beck (1 hour APBC webinar)
- Let's Talk Hydrotherapy - Rebecca Sartain (2 hour Speak Dog webinar)
- An Introduction to Home Grooming - Daniella Stewart (3 hour in person workshop)
- Helping Herding Breed Thrive in the Urban Environment Through Urban Herding - Ellen Greenwood-Sole (1 hour APBC webinar)

2024

- Pain...Can We See It? - Fran Murtaugh (1 hour Dog Aid webinar)
- Dog-Human Aggression & Over Reactivity- Roz Pooley (2.5 hour webinar)
- Mastering Leave It - Louise Stapleton-Frappell (online course)
- Nuances in Social Rehabilitation Training - Roz Pooley (1 hour APBC webinar)
- Introduction to Psychopharmacology: Psychoactive Medication. Why, What & How - Sophie White (1 hour APBC webinar)
- Don't Eat That: Force Free Anti-Scavenging Training - Simone Muller (1 hour Dog Aid webinar)
- Emotional Wellbeing for Animal Care Professionals - Andrew Hale (3 hour in person workshop)
- Dog Law: What Every Dog Owner Needs to Know - Trevor Cooper (3.5 hour in person seminar)
- Man's Best Friend: The Therapeutic Realm Beyond Comfort - Dr Aubrey Fine (2 hour seminar)



- The Effect of Canine Nutrition on Behaviour & Training – Alyssa Ralph (1.5 hour Dog Aid webinar)
- The First Sniff – dog to dog reactivity – Roz Pooley (2 day in person practical demonstrations seminar)
- Unleashing Insights, different ways to approach trauma cases in dogs (6 hour online Control The Meerkat 2024 conference)
- Chronic Pain Symposium (26 hour online Canine Arthritis Management conference)



Books read

- The Domestic Dog: Its Evolution, Behaviour and Interactions with People by James Serpell
- Animal Learning and Cognition, 2nd edition: An Introduction: Written by John M. Pearce, 1997 Edition, (2nd Edition)
- The Principles of Learning and Behaviour by Michael Domjan
- Chase! Managing your dog's predatory instincts. Clarissa von Reinhardt.
- Brain Games for dogs by Claire Arrowsmith and Philip de Ste. Croix
- How to train a super dog, Gwen Bailey
- 100 Ways To Train A Perfect Dog , Sarah Fisher , Marie Miller
- Really Reliable Recall [DVD] by Leslie Nelson
- Don't Shoot the Dog!: The New Art of Teaching and Training by Karen Pryor.
- The truth about wolves and dogs: Dispelling the myths of dog training by Toni Shelbourne
- The Culture Clash by Jean Donaldson.
- How Dogs Learn by Mary R. Burch, Jon S. Bailey PhD.
- My Dog Pulls. What Do I Do? By Turid Rugaas.
- Playtime for your dog, keep him busy throughout the day by Christina Sondermann.
- The Canine Commandments, Kendal Shepherd
- Dominance in Dogs Fact or Fiction, Barry Eaton
- Life Skills for Puppies: Laying the foundation for a loving, lasting relationship Helen Zulch, Daniel Mills
- Teach yourself dog, Heather Simpson
- On Talking Terms with Dogs: Calming Signals ,Turid Rugaas
- The Truth about Dogs and Wolves Toni Shelbourne
- Puppy training for kids by Colleen Pelar and Amber Johnson
- Made for Each Other, the biology of the human – animal bond. By Meg Daley Olmert
- Behaviour Problems in Small Animals: Practical Advice for the Veterinary Team by Jon Bowen and Sarah Heath
- Whale Done by Ken Blanchard
- So you want to be a Dog trainer', Nicole Wilde
- What A Difference A Dog Makes – The 'Tail' of the K9 Project
- Living with Kids and Dogs . . . Without Losing Your Mind: A Parent's Guide to Controlling the Chaos: 2, Colleen Pelar
- Kids and Dogs: A Professional Guide to Helping Families, Colleen Pelar
- Play Therapy with Kids and Canines: Benefits for Children's Developmental and Psychosocial Health, Rise Van Fleet
- TAG Teach 'Chaos to Calm', Martha Gabler
- Dog Speak - recognising and understanding behaviour Paperback, by Christiane Blenski
- You Can Train Your Dog: Mastering the Art & Science of Modern Dog Training, Pamela Dennison
- In Defence of Dogs: Why Dogs Need Our Understanding by John Bradshaw
- Beware of the Dog: Positive Solutions for Aggressive Behavior in Dogs by Pat Miller
- Why Zebras Don't Get Ulcers: The Acclaimed Guide to Stress, Stress-Related Diseases, and Coping by Robert M. Sapolsky
- The Other End of the Leash by Patricia McConnell
- Canine Confidential by Marc Bekoff
- Inside of a Dog: What Dogs See, Smell and Know by Alexandra Horowitz
- Clever Dog: The Secrets Your Dog Wants You To Know by Sarah Whitehead
- Bones Would Rain from the Sky: Deepening our relationships with dogs by Suzanne Clothier
- Bringing out the Best in People: How to apply the astonishing power of positive reinforcement by Aubrey C. Daniels
- The Power of Positive Dog Training by Pat Miller
- Inspiring Resilience in Fearful and Reactive Dogs by Sally Gutteridge



Books read

- Total Recall by Pippa Mattinson
- Fearful Dog Rehabilitation: Life With a Puppy Farm Rescue by Sally Gutteridge
- Behave: the biology of humans at our best and worst by Robert Sapolsky
- The Boy Who Was Raised as a Dog: what traumatized children can teach us about loss, love and healing by Bruce D Perry
- Taking the Grrr out of the Grooming Salon: Trust Based Techniques for a Calmer Grooming Experience by Sue Williamson
- The APBC book of Companion Animal Behaviour by David Appleby
- Essential skills for a brilliant family dog by Beverley Courtney
- Force-free gun dog training: Fundamentals for success by Jo Laurens
- Animal Assisted Play Therapy by Risë Vanfleet, Tracie Faa-thompson
- Punished by Rewards: Gold stars, Incentive plans, As, Praise and other bribes by Alfie Kohn
- The Body Keeps the Score: Mind, Brain and Body in the Transformation of Trauma by Bessel Van Der Kolk
- Separation Anxiety in Dogs: Next Generation Treatment Protocols and Practices by Melena DeMartini-Price
- The Education of Will: A Mutual Memoir of a Woman and Her Dog by Patricia B. McConnell
- Meet your dog: The game changing guide to understanding your dog's behaviour by Kim Brophey
- Beyond Behaviours: Using Brain Science and Compassion to Understand and Solve Children's Behavioural Challenges by Mona Delahooke
- The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children by Dr. Ross W. Greene and CPS Initiative, Inc.
- The out-of-sync child: Recognizing and Coping with Sensory Processing Disorder
- Fight or Fright?: A Reactive Dog Guardian's Handbook by Jay Gurden, Patrick Oniyelu, et al
- Unleashing your dog; A field guide to giving your canine companion the best possible life by Marc Bekoff and Jessica Pierce
- What happened to you? by Bruce D. Perry and Oprah Winfrey
- The science of consequences: How they affect genes, change the brain and impact our world by Susan M Schneider
- Understanding the secrets of human perception by Peter M Vishton
- Unconditional Parenting by Alfie Kohn
- The PDA Paradox by Harry Thompson
- Mine! A practical guide to resource guarding Jean Donaldson
- Social Civil Savvy: Training and socializing puppies to become the best possible dogs by Laura VanArendonk Baugh
- Canine Enrichment for the Real World: Making It a Part of Your Dog's Daily Life by Allie Bender, Emily Strong
- Mission Control: How to train the high drive dog by Jane Arden
- Physical Therapy and Massage for the Dog by Julie Robertson and Andrew Mead
- Your End of the Lead: Changing how you think and act to help your reactive dog by Janet Finlay
- Cooperative care: Seven steps to stress-free husbandry by Deborah A Jones
- Canine behaviour in mind: Applying behavioural science to our lives with dogs by Suzanne Rogers
- Help for your dog-reactive dog: The positive, gentle way to curb dog-dog reactivity and aggression by Nicole Wilde
- When Pigs Fly!: Training Success with Impossible Dogs by Jane Killion
- Don't Eat That: Force-Free Food Avoidance Training for Dogs who Love to Scavenge (Predation Substitute Training) by Simone Mueller
- The Original Rocket Recall: Teach Your Dog to Come Kindle Edition by Lisa Waggoner



Books read

- Rocket Recall: Unleash Your Dog's Desire to Return to You through Motivation-Based Training: 2 (Predation Substitute Training) by Simone Mueller
- How To Build A Puppy...into a healthy adult dog by Julia Robertson
- What's My Dog Thinking by Hannah Molloy
- Puppy Nurture by Shay Kelly
- Canine Enrichment by Shay Kelly
- Why We Sleep by Matthew Walker
- Social : Why Our Brains Are Wired To Connect by Matthew D. Liebrman
- Stolen Focus : Why You Can't Pay Attention by Johann Hari